

CinemaGuide



THE GOLDEN SPURTLE



I SWEAR



BLUE HERON

Theatre:

Salmar Grand
(100 Hudson Ave. NW, Salmon Arm)
Next to Boston Pizza

Tickets:

Single - \$8.00
5 film pass - \$35.00

CASH ONLY

Available at the door
Advance tickets at Wearabouts
(350 Alexander St.)
Convenience charges apply.
Ask about our year long passes.

The Golden Spurtle

Sat. Sept. 12, 4:00 pm

RATING PG

UK

75 min

Constantine Costi's charming documentary about the world's annual porridge-making championship in the Scottish village of Carrbridge is modest and satisfying. Just like porridge itself! For ageing, charismatic, and soon-to-retire protagonist Charlie Miller, this competition means so much more than just a bowl of steaming oats. Charlie is on a mission to secure the future of the championships - and his own legacy. Legacy is also at stake for Ian Bishop. With his health in decline, Ian's goal is to mount one last glorious attempt to secure the title. But there's stiff competition. Lisa Williams, the queen of porridge, is ready to bring home the trophy. Against the backdrop of the breathtaking Scottish Highlands and infused with the whimsical humour of an eclectic cast, *The Golden Spurtle* captures the humanity of village life and of those who visit with a spurtle in hand.

I Swear

Sat. Sept. 19, 4:00 pm

RATING 14A

UK

120 min

Based on the true story, *I Swear* is a moving, uplifting account of the life of John Davidson, a Tourette syndrome campaigner who grew up with the condition in 1980s Scotland, when it was little known and misunderstood. Featuring an outstanding performance from Robert Aramayo, the film is full of intelligence and charm, and it raises relevant questions about the overdiagnosis debate surrounding conditions such as ADHD and autism, as well as the larger tonal point of view about how, when and whether to laugh at John or with him. *I Swear* is a frank, funny and touching story about the transformative power of friendship and community.

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Blue Heron

Sat. Sept. 26, 4:00 pm

RATING PG

Canada

91 min

Blue Heron tells the story of a Hungarian family who emigrates to Vancouver Island in the 1990s. The perspective belongs to eight-year-old Sasha, as she watches her parents struggle to hold things together while her older brother Jeremy drifts further into erratic, sometimes dangerous behaviour. But this isn't just a family drama. First-time feature film writer-director Sophy Romvari layers memory, fiction, documentary, and meta-cinema, creating something that feels closer to time travel than to storytelling. A moving, thoughtful, thoroughly original piece of work, *Blue Heron* will likely stir up deep emotions and your own path of remembering.

The Rivals of Amziah King

Sat. Oct. 3, 4:00 pm

RATING 14A

USA

130 min

Set in rural Oklahoma, *The Rivals of Amziah King* follows Amziah King (Matthew McConaughey) - a charismatic local beekeeper, folk-rock musician, and community anchor. When his estranged former foster daughter, Kateri, unexpectedly returns, Amziah attempts to reconnect with her. However, ruthless rivals and shady corporate players threaten to dismantle his life's work and his honey-making operation, drawing the community into a gritty, unpredictable conflict. *The Rivals of Amziah King* is both a bluegrass-fueled, toe-tapping joy and a vengeful dramaturgy with dark and dirty corners.

Primavera

Sat. Oct. 10, 4:00 pm

RATING PG

Italy

subtitles

110 min

Set in early 18th-century Venice, Italy, the fate of a virtuoso violinist named Cecilia is transformed when her orphanage hires the ambitious composer Antonio Vivaldi as its new music instructor. Expanding on the novel "Stabat Mater" by Tiziano Scarpa, the film's script is based on the real life of Vivaldi, who was a Roman Catholic priest and taught at the Ospedale della Pietà for almost 30 years. Combining stunning visuals and an unforgettable score, *Primavera* is the directorial debut of Michieletto, who is a world-renowned stage director, especially known for his operas.



The Rivals of Amziah King



Primavera



My Father's Shadow



The Salt Path



Finding Emily

My Father's Shadow

Sat. Oct. 17, 4:00 pm

RATING PG

UK/Nigeria

some subtitles

94 min

My Father's Shadow is a deeply personal family story set against the turbulence of 1993 Lagos, during a pivotal national election that promised a shift from military rule to democracy in Nigeria. When young brothers Remi and Akin unexpectedly accompany their oft-absent father to the city to collect his long-overdue salary, what unfolds is a rich journey through memory, masculinity, and a country on the cusp of fragile transformation. Sopé Dirisù gives a quietly riveting performance as Folarin, a man both tough and tender, while real-life brothers Godwin Chiemerie Egbo and Chibuike Marvelous Egbo bring rawness, emotional depth, and grace to the screen. What emerges is not a story of easy reconciliation, but of slow recognition — the difficult work of seeing someone clearly, perhaps for the first time, and finding something in them more profound than expected.

The Salt Path

Sat. Oct. 24, 4:00 pm

RATING PG

UK

115 min

The profound story of husband and wife Raynor and Moth Winn's 630-mile trek along England's beautiful but rugged South West Coast. After being forcibly removed from their home, the couple make the remarkable and impulsive decision to walk in the hope that, in nature, they will find solace, a sense of acceptance and healing. With depleted resources, only a tent and some essentials between them, every step along the path is a testament to their growing strength and determination. With understated performances from Gillian Anderson and Jason Isaacs, as well as immersive land and soundscapes that enhance the thematic pull, this portrait of loss, humanity and rebirth is well worth the emotional investment.

Finding Emily

Sat. Oct. 31, 4:00 pm

RATING PG

USA

111 min

Set in Manchester, England, Spike Fearn plays Owen, a musician who makes a living as a sound engineer at the university's student union bar. One night, he meets the girl of his dreams — Emily — and she gives him her number before leaving. Unfortunately, she missed a digit, so Owen can't contact her. The lovesick Owen tries everything to find his Emily, but with only a first name to go on and more than 300 Emilys at the university, it's an impossible task. One particular Emily, an American psychology student, decides to befriend Owen and help him find the original Emily, not out of the goodness of her heart but because she needs a case study to support her thesis that love makes people crazy and self-sabotaging. Owen doesn't know that part, of course. Blending rich social commentary on the psychology of love, cancel culture and the age of social media with a swoon-worthy romance, excellent performances and a fantastic soundtrack, *Finding Emily* keeps things bright, funny and highly entertaining.

Watch for Our
FILM FESTIVAL
November 6-8 2026

MARK IT ON YOUR CALENDAR!